**Ladies Shabbat Class for May 30th 2020**

**Eternally Desired Series**

***Psalm 95:6 Come, let us worship and bow down;***

***Let us kneel before the LORD our Maker.***

***God’s Protocol for Worship***

1. **Come- Bo’u- our welcoming invitation to worship-**

***Baruch HaBa b’Shem Adonai*-Psalm 118:25, Matt. 23:39**

1. **Worship— *sha-hach*** Let us worship– fall flat on your face in Awe and Praise- **Psalm 99:5, 2 Chronicles 7:3, Revelation 19:3-4**
2. **Bow down**- ***ka-ra*** - acknowledge His majesty, recognize Him first in your heart then confess, declare, affirm, announce publicly that He is your Lord and King. **Isaiah 45:23,**

***Philippians 2:9-11***

1. ***Kneel- barach*** *— Let us kneel means to bless and thank the Lord recognizing that intimacy in His presence is found through blessing Him ( from the Hebrew root knee-* ***bereck) Psalm 103:1-2, Ephesians 1:3***

*Baruch atah, Adonai Eloheinu, Melech haolam, shehecheyanu, v'kiy'manu, v'higiyanu laz'man hazeh. Blessed are You, LORD our God, King of the universe, Who has kept us alive, sustained us, and brought us to this season.*

1. ***The LORD our Maker-*** acknowledge that He is the One who created and formed you.

***Psalm 95:7 For He is our God,*** ***and we are the people of His pasture, and the sheep of His hand******. Today, if you would hear His voice. 8 Do not harden your hearts, as at Meribah, As in the day of Massah in the wilderness;***

1. Why is it vital for us to worship? For*- is kee-* **because *He is our God-*** we have a personal relationship with our Creator and He desires us to be in His Presence.
2. What description are we given? ***and we are the people of His pasture, and the sheep of His hand.***
3. **And** connects to the fact that He is our God, then gives us insight into how we are made by our Creator- “ ***the LORD our Maker.”***
4. What does it mean to be the people of His pasture and the sheep of His hand.

***Psalm 100:3 Know that the LORD Himself is God; It is He who has made us, and not we ourselves; We are His people and the sheep of His pasture.***

Sheep are created to be **totally dependent** on the shepherd. Consider they have no way of defending themselves, either offensively (like a tiger) or defensively (like a turtle). Sheep tend to wander away from their shepherd putting themselves in danger.

**Isaiah 53:6 All of us like sheep have gone astray, Each of us has turned to his own way; But the LORD has caused the iniquity of us all To fall on Him.**

**I Peter 2:25 For you were continually straying like sheep, but now you have returned to the Shepherd and Guardian of your souls.**

***Yeshua tell us:*** John 10:14 "I am the good shepherd; and I know My own, and My own know Me, 15 even as the Father knows Me and I know the Father; and I lay down My life for the sheep.

John 10:27 "**My sheep hear My voice**, and I know them, and they follow Me;

28 and I give eternal life to them, and they shall never perish; and no one shall snatch them out of My hand. 29 "My Father, who has given them to Me, is greater than all; and no one is able to snatch them out of the Father's hand. 30 "I and the Father are one."

1. What is the warning in verses 7 & 8? *Today, if you would hear His voice. 8 Do not harden your hearts, as at Meribah, As in the day of Massah in the wilderness;*
2. Immediate & urgent- Today- **these verses are repeated in Hebrews 3:7-8, 3:15, 4:7**
3. We need to listen (Sh’ma) with in the intent of obeying to His voice (kol)
4. We must not harden our hearts (lev)

*Psalm 95:8 Do not harden your hearts, as at Meribah, As in the day of Massah in the wilderness; 9 "When your fathers* ***tested*** *Me, They tried Me, though they had seen My work.*

*10 "For forty years I loathed that generation, And said they are a people* ***who err in their heart,*** *And they do not know My ways. 11 "Therefore I swore in My anger, truly they shall not enter into My rest." (commanded not to test the LORD in various portions including Exodus 17:2,7; Duet 6:16; Psalm 78:8)*

*Numbers 14: 22 "Surely all the men who have seen My glory and My signs, which I performed in Egypt and in the wilderness,* ***yet have put Me to the test*** *these ten times and* ***have not listened******to My voice****, 23 shall by no means see the land which I swore to their fathers, nor shall any of those who spurned Me see it. (spurned means treat with contempt)*

**Context for Psalm 95: 8-11 The Account of the 12 spies**

1. **The report of the 10 spies—*Numbers 13:32-33***  *32 So they gave out to the sons of Israel a* ***bad report*** *of the land which they had* ***spied (watched, viewed examined)*** *out, saying, "The land through which we have gone, in spying it out, is a land that devours its inhabitants; and* ***all*** *the people whom* ***we saw*** *in it are men of great size. 33 "There also we saw the Nephilim (the sons of Anak are part of the Nephilim); and we became like grasshoppers in* ***our own sight****, and so* ***we were in their sight****."*

**What is the underlying emotion expressed in their response? They are afraid of their size and power. Out of this sense of fear and disbelief we have a progression of emotions** **which will harden the heart.**

**5. The people’s response to the report- how to harden one’s heart!**

a. **Weeping**—*Numbers 14:1 Then all the congregation lifted up their voices and cried, and the people wept that night*.

**b. Grumbling and complaining**— ***Numbers 14:2*** *And all the sons of Israel grumbled against Moses and Aaron; and the whole congregation said to them, "Would that we had died in the land of Egypt! Or would that we had died in this wilderness!*

1. **Questioning God**— ***Numbers 14:3*** *"And why is the LORD bringing us into this land, to fall by the sword? Our wives and our little ones will become plunder; would it not be better for us to return to Egypt?*

1. **Outright rebellion against the leadership God had appointed**—***Numbers 14:4*** *So they said to one another, "Let us appoint a leader and return to Egypt.”*

**6. The Response of the leadership of Moses, Aaron, Joshua and Caleb***—* ***Numbers 14:5***  *Then Moses and Aaron fell on their faces in the presence of all the assembly of the congregation of the sons of Israel.*

**7. Joshua’s Exhortation— *Numbers 14:6-9***  *6 And Joshua the son of Nun and Caleb the son of Jephunneh, of those who had spied out the land, tore their clothes; 7 and they spoke to all the congregation of the sons of Israel, saying, "The land which we passed through to spy out is an* ***exceedingly good land****. 8 "If the LORD is pleased with us, then He will bring us into this land, and give it to us-- a land which flows with milk and honey. 9 "Only do not rebel against the LORD; and do not fear the people of the land, for they shall be our prey. Their protection has been removed from them, and the LORD is with us****; do not fear them.***

*CJB* ***Numbers 14:9*** *Just don't rebel against ADONAI. And don't be afraid of the people living in the land- we'll eat them up! Their defense has been taken away from them,* ***and ADONAI is with us! Don't be afraid of them!"*** *KJV* ***Numbers 14:9*** *Only rebel not ye against the LORD, neither fear ye the people of the land; for they are bread for us: their defense is departed from them, and the* ***LORD is with us: fear them not.***

***How can we learn from the mistakes of the Israelites? I Corinthians 10:1-14***

*I Corinthians 10:11 Now these things happened to them as an example, and they were written for our instruction, upon whom the ends of the ages have come. 12 Therefore let him who thinks he stands take heed lest he fall. 13 No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, that you may be able to endure it.*

**What is the opposite of fear?** *1 John 4:18 There is no fear in love; but perfect love casts out fear, because fear involves punishment, and the one who fears is not perfected in love.*

***2 Timothy 1:7 For God has not given us a spirit of fear, but of power, love & a sound mind.***