**Ladies Shabbat Class for May 23rd 2020**

**Eternally Desired Series**

**Review: Luke 10: 41-42 *But the Lord said to her, "Martha, Martha, you are worried and bothered about so many things; 42 but only one thing is necessary and Miriam has chosen the good part, which shall not be taken away from her."***

**Miriam is at Yeshua’s feet listening, honoring Him in humble worship.**

**Why did God redeem Israel from slavery in Egypt? Exodus 3:12**

**Why did God redeem us from the bondage of sin**

**and deliver us into His Kingdom of Light? 1 Peter 2:9**

**Worship can transform our minds from worry to praise!**

***Romans 12:1 I urge you therefore, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, which is your spiritual service of worship.***

***2 And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what the will of God is, that which is good and acceptable and perfect.***

**Psalm 95 teaches how to Worship our Great God & Great King!**

***Verse*** **1a O Come, let us sing for joy to the LORD;**

1. **Come** is from ***Halak*** and means to walk- Gen. 17:1, Psalm 86:11, Psalm 1:1, **(Halacha)**
2. Sing for joy is **ranan** and means cries of joy, shout joyfully-Psalm 100:2
3. To the **LORD**- our Covenant God- **HaShem- יַהְוֶה YHVH**

***Verse*** **1b Let us shout joyfully to the rock of our salvation.**

1. Shout joyfully- **Ruah**- give a blast- **Teruah**- raise a shout- battle cry- Psalm 100:1 & 81:1
2. To the Rock of our Salvation- **Tsur and Yeshav-** Psalm 89:26

***Verse*** **2a**  **Let us come before His presence with thanksgiving;**

1. Let us come- **kadam-** move forward- **Kadima-** Micah 6:6- we are in spiritual warfare- **Ephesians 6:10-19, 2 Corinthians 10:3-5**
2. Before His Presence- **Panim**- His Face-Numbers 6:25-26
3. Thanksgiving- **Todah-** Psalm 100:4

***Verse*** **2b Let us shout joyfully to Him with psalms**.

1. Shout joyfully- **Ruah**- give a blast- **Teruah-** raise a shout- battle cry- Psalm 81:1
2. Psalms- **zamir-** thanksgiving songs- sung or instrumental- Ephesians 5:19, Psalm 81:2

***Verse 3 For the LORD is a great God, And a great King above all gods, Exodus 15:11***

1. Great God- **El Gadol Adonai -** Psalm 48:1
2. Great King- **Melech Gadol** -Psalm 47:2

***Verses 4 In whose hand are the depths of the earth; The peaks of the mountains are His also. 5 The sea is His, for it was He who made it; And His hands formed the dry land. Personalize Isaiah 43:1-3 Exodus 15:18, and*** ***Romans 8:28 And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.***

***Psalm 95:6 Come, let us worship and bow down;***

***Let us kneel before the LORD our Maker.***

1. **Come- Bo’u-**

*Psalm 118:25 O LORD, do save, we beseech Thee; O LORD, we beseech Thee, do send prosperity! 26 Blessed is the one who* ***comes*** *in the name of the LORD; We have blessed you from the house of the LORD.*

Matthew 23:39 Yeshua declares: "*For I say to you, from now on you shall not see Me until you say, 'Blessed is He who* ***comes*** *in the name of the Lord!'" Baruch* ***HaBa*** *b’Shem Adonai*

1. **Worship— *sha-hach*** Let us worship *– fall flat on your face in Awe and Praise*

*Psalm 99:5* *Exalt the LORD our God, and* ***worship*** *at His footstool; Holy is He.*

*2 Chronicles 7:3 And all the sons of Israel, seeing the fire come down and the glory of the LORD upon the house, bowed down on the pavement with their faces to the ground, and they* ***worshiped*** *and gave praise to the LORD, saying, "Truly He is good, truly His lovingkindness is everlasting."*

*Revelation 19:3 And a second time they said, "Hallelujah! Her smoke rises up forever and ever."*

*4 And the twenty-four elders and the four living creatures fell down and* ***worshiped (proskuneo)*** *God who sits on the throne saying, "Amen. Hallelujah!" (see also Matthew 2:2)*

1. **Bow down**- **ka-ra** - acknowledge His majesty, recognize Him first in your heart then confess, declare, affirm, announce publicly that He is your Lord and King.

*Isaiah 45:23* *"I have sworn by Myself, The word has gone forth from My mouth in righteousness And will not turn back, That to Me every knee will* ***bow****, every tongue will swear allegiance.*

*Philippians 2:9-11* *Therefore also God highly exalted Him, and bestowed on Him the name which is above every name, 10 that at the name of Yeshua every knee should* ***bow,*** *of those who are in heaven, and on earth, and under the earth, 11 and that every tongue should confess that Yeshua HaMashiach is Lord, to the glory of God the Father.*

3. **Kneel- barach** — Let us kneel means to bless and thank the Lord recognizing that intimacy in His presence is found through blessing Him.. from the Hebrew root knee- **bereck**

**Baruch Atah Adonai, Eloheynu Melech Ha Olam-**

**Blessed are You O LORD our God, King of the Universe**

*Psalm 103:1-2* *A Psalm of David.* ***Bless*** *the LORD, O my soul; And all that is within me,* ***bless*** *His holy name.* ***Bless*** *the LORD, O my soul, and forget none of His benefits;*

*Ephesians 1:3* ***Blessed*** *be the God and Father of our Lord Yeshua HaMashiach who has blessed us with every spiritual blessing in the heavenly places in Messiah.*