**Ladies Shabbat Class for June 6th - Eternally Desired Series**

***Psalm 95:7 For He is our God,*** ***and we are the people of His pasture, and the sheep of His hand******. Today, if you would hear His voice. 8 Do not harden your hearts, as at Meribah, As in the day of Massah in the wilderness; 9 "When your fathers tested Me, They tried Me, though they had seen My work. 10 "For forty years I loathed that generation, And said they are a people who err in their heart, And they do not know My ways. 11 "Therefore I swore in My anger, truly they shall not enter into My rest." (we are commanded not to test the LORD in various Scriptures including Exodus 17:2,7; Duet 6:16; Psalm 78:8)***

1. What is the warning given in verses 7 & 8? *Today, if you would hear His voice. 8 Do not harden your hearts, as at Meribah, As in the day of Massah in the wilderness;*
2. Immediate & urgent- Today- **these verses are repeated in Hebrews 3:7-8, 3:15, 4:7**
3. We need to listen **(*Sh’ma)*** with in the intent of obeying to His voice ***(kol)***
4. We must not harden our hearts ***(lev)*** Psalm 51:10 *Create in me a clean heart* **(lev tahor),** *O God…* (1 John 1:9)

**The context for Psalm 95:7-10 is found in Numbers 13 & 14. The LORD pronounces His judgement on the nation of Israel after the account of the 12 spies, found in****Numbers 14:22-23** *"Surely* ***all the men*** *who have seen My glory* ***(kavod)*** *and My signs* ***(ot- miracle signs)****, which I performed in Egypt and in the wilderness,* ***yet have put Me to the test*** *these ten times and* ***have not listened******to My voice****, shall by no means see the land which I swore to their fathers, nor shall any of those who* ***spurned*** *Me see it. (spurned =treat with contempt, i.e. a lover spurned)*

1. **Some ways we can harden our hearts- let’s learn from the Israelites what not to do:**
2. **Give into fear,** listening to the voices of fear and the lies of Satan instead of listening to the voice of your God who created you and loves you.
3. **Lack of honor and respect for God by** complaining, questioning and then outright rebelling against Him. (rebelling= bitterness =*marah* Deut. 9:7)
4. **Treat with contempt all that God has provided for you & do not worship Him as Holy even though His Glory has been revealed to you in Yeshua. And He lavishes His grace upon you, through His love, His miracles, and His abundant blessings in your life.**

***This week: A vital study of the nation of Israel in the wilderness- our example in 1 Cor. 10:1-14***

***Verse 1-2 ….our fathers were all under the cloud, and all passed through the sea and all were baptized into Moses in the cloud and in the sea…***

1. **The Cloud points to the constant Presence of God, His provision and protection to both lead and give His assurance in their journey*.***

*Exodus 13: 21 And the LORD was going before them in a* ***pillar of cloud by day*** *to lead them on the way, and in a pillar of fire by night to give them light, that they might travel by day and by night. 22* ***He did not take away the pillar of cloud by day****, nor the pillar of fire by night, from before the people. (see also Psalm 105:38-39)*

1. **The sea Red Sea identifies their miraculous path of redemption.**

*Exodus 14:29* ***But the sons of Israel walked on dry land through the midst of the sea,*** *and the waters were like a wall to them on their right hand and on their left. 30* ***Thus the LORD saved Israel that day from the hand of the Egyptians, (see Exodus 14:22 and Psalm 66:5-6)***

***All baptized into Moses-* means we are all identified with the work and purposes of Moses…** *Galatians 3:27 For all of you who were baptized into Messiah have clothed yourselves with Messiah. (see 1 Corinthians 12:13)*

***Verses 3-4…. 3 and all ate the same spiritual food; 4 and all drank the same spiritual drink, for they were drinking from a spiritual rock which followed them; and the rock was Messiah…***

***1. the spiritual food called manna-represents their nourishment through the wilderness –***

***Exodus 16: 4 Then the LORD said to Moses, "Behold, I will rain bread from heaven for you; and the people shall go out and gather a day's portion every day…***

***John 6:31 "Our fathers ate the manna in the wilderness; as it is written, 'He gave them bread out of heaven to eat.'" 32 Yeshua therefore said to them, "Truly, truly, I say to you, it is not Moses who has given you the bread out of heaven, but it is My Father who gives you the true bread out of heaven. 33 "For the bread of God is that which comes down out of heaven, and gives life to the world. 34 They said therefore to Him, "Lord, evermore give us this bread." 35 Yeshua said to them, "I am the bread of life; he who comes to Me shall not hunger, and he who believes in Me shall never thirst.***

1. ***The spiritual rock which followed them is Messiah…the source of Living Water-***

***John 7:37***  ***Now on the last day, the great day of the feast, Yeshua stood and cried out, saying, "If any man is thirsty, let him come to Me and drink.38 "He who believes in Me, as the Scripture said, 'From his innermost being shall flow rivers of living water.'"***

***Verses 5-12 & 14 give a list of sins in the wilderness- craving evil things (v.6), idolatry (v. 7-8), complaining and speaking against the Lord- spurning Him (v. 9-10) pride (v. 12) idolatry or greed-(v.14) see Col. 3:5***

***Verse 13 “No temptation has seized you beyond what people normally experience, and God can be trusted not to allow you to be tempted beyond what you can bear. On the contrary, along with the temptation he will also provide the way out, so that you will be able to endure.” (CJB)***

**El Shaddai- Almighty God Reigns and He allows testing to see what is in our hearts.**

**Will we trust Him or rebel against Him during the trials, testings and temptations?**

**Tests are common- everyone is going through their own situations**

**Tests are controlled by our Faithful God**

**These Tests are conquerable by His Divine power as He brings us through**

**Hebrews 4:7-16**

***Verse 7 He again fixes a certain day, "Today," saying through David after so long a time just as has been said before, "Today f you hear His voice, Do not harden your hearts."* God’s Word is His voice.**

***Verse 8 For if Joshua had given them rest, He would not have spoken of another day after that. 9 There remains therefore a Sabbath rest for the people of God. True Rest is found in Messiah not Moses…***

***Verse 10 For the one who has entered His rest has himself also rested from his works, as God did from His.***

**This rest found in the LORD is by faith in Yeshua- ceasing from my own works for my spiritual security- trusting only in what my Messiah has done for me by praising, honoring and worshipping Him even through Psalm 95.**

***Verse 11 Let us therefore be diligent to enter that rest, lest anyone fall through following the same example of disobedience.***

***Application of verses 7-11*** ***- Listen to His voice, do not harden your heart, cease from your own works and trust in Messiah’s finished work, be obedient to Him. Understand that you must Resting from your own works will be evidenced by your obedience to rely and trust in Messiah’s finished work of redemption. I am so thankful to be a new creation in Messiah, His workmanship, created in Messiah for His good works. (2 Cor. 5:17 & Eph. 2:8-10)***

1. ***God’s Word reveals our inward attitudes- we enter His rest by faith in His Word***

***Verse 12******For (because) the word of God is living and active and sharper than any two-edged sword, and piercing as far as the division of soul and spirit, of both joints and marrow, and able to judge the thoughts and intentions of the heart. 13 And there is no creature hidden from His sight, but all things are open and laid bare to the eyes of Him with whom we have to do.* This is an internal work of his living Word that reveals everything.**

1. ***God understands us, loves us and invites us to draw near to Him, into His very presence to receive the mercy and the grace that we need each day.***

***Verse 14 Since then we have a great high priest who has passed through the heavens, Yeshua the Son of God, let us hold fast our confession. 15 For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things as we are, yet without sin.***

***16 Let us therefore draw near with confidence to the throne of grace, that we may receive mercy and may find grace to help in time of need.***